Enhanced Bioavailability of Polycyclic Hydrocarbons in the Form of Mucin Complexes

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Supporting Information

ABSTRACT: Increasing exposure of biological systems to large amounts of polycyclic aromatic hydrocarbons is of great public concern. Organisms have an array of biological defense mechanisms, and it is believed that mucosal gel (which covers the respiratory system, the gastrointestinal tract, etc.) provides an effective chemical shield against a range of toxic materials. However, in this work, we demonstrate, for the first time, that, upon complexation of polycyclic hydrocarbons with mucins, enhanced bioavailability and, therefore, toxicity are obtained. This work was aimed to demonstrate how complexation of various highly hydrophobic polycyclic aromatic hydrocarbons with representative mucin glycoprotein could lead to the formation of previously undescribed materials, which exhibit increased toxicity versus pristine polycyclic aromatic hydrocarbons. In the present work, we show that a representative mucin glycoprotein, bovine submaxillary mucin, has impressive and unprecedented capabilities of binding and solubilizing water-insoluble materials in physiological solution. The complexes formed between the mucin and a series of polycyclic aromatic hydrocarbons were comprehensively characterized, and their toxicity was evaluated by both in vivo and in vitro assays. In addition, the bioavailability and membrane-penetration capabilities were tested using an internalization assay. Our results provide, for the first time, evidence of an unknown route by which hydrophobic materials may achieve higher bioavailability, penetrating some of the biological defense systems, in the form of water-soluble complexes with mucosal proteins.

INTRODUCTION

The anthropogenic emission of large amounts of polycyclic aromatic hydrocarbons (PAHs) into the biosphere results from various oil-mining and transportation accidents, as well as the planned combustion of wood, coal, liquid fuels, and domestic and industrial waste.1-3 PAHs are well-known as powerful mutagens and carcinogens,4,5 and there are many reports regarding an array of biological defense mechanisms, protecting organisms from these materials. For example, it is believed that a mucus (mucosal gel), covering the respiratory and gastrointestinal tracts, should provide an effective physical and chemical shield against a range of toxic materials.6,7 The primary components of the mucosal gel are high-molecular-weight mucin glycoproteins that form numerous covalent and noncovalent bonds with other mucin molecules.8,9 The condensed and complex nanostructure of the mucin network produces a highly viscoelastic gel that significantly impedes the transport rates of large macromolecules and nanoparticles through it,10,11 whereas a high rate of mucosal-gel replacement (a few days in the respiratory system and hours in the gastrointestinal system) offers an effective natural protection and disposal mechanism for various potentially toxic exogenous materials.6,7

Mucins are large, extracellular glycoproteins with molecular weights ranging from 0.5 to 20 MDa. Cell-membrane-bound mucins and secreted gel-forming mucins share many structural features. Both types of mucins are highly glycosylated, consisting of 80% carbohydrates, primarily N-acetylgalactosamine, N-acetylglucosamine, fucose, galactose, sialic acid, and traces of mannose. The oligosaccharide moieties of mucins typically exhibit moderate branching and comprise 5-15 sugar monomers. These oligosaccharides are arranged in a “bottle brush” configuration around the polypeptide core of the mucin with the use of O-glycosidic bonds to the hydroxyl groups of serine and threonine amino acids of the core. The polypeptide core of the mucin makes up the remaining 20% of the molecular mass (200-500 kDa) of the protein, arranged into distinct regions.8

The present study was focused on exploration of the effect of benzo[a]pyrene (BaP) on the viability of Paramecium caudatum...
(in vivo assay) and Caco-2 cells (in vitro assay) and determining LC<sub>50</sub> values of BaP in sodium phosphate buffer [with 1% dimethyl sulfoxide (DMSO)] versus the BaP complex with bovine submaxillary mucin (BSM) dissolved in the same buffer.

The in vivo model, *P. caudatum* (protozoan organism), is widely used to study the biological activity of various organic compounds, including drugs, PAHs, pesticides, and nanoparticles. The in vitro model, on the basis of cell proliferation and viability, is a colorimetric assay in which tetrazolium salts (XTT) are used. The assay is based on the cleavage of the yellow tetrazolium salt XTT, by metabolically active cells, to form an orange formazan dye. This cleavage process takes place only in viable cells, and as the number of the living cells increases, the overall activity of mitochondrial dehydrogenases in the sample increases as well. This increase is directly correlated to the amount of dye formed, the concentration of which is monitored by changes in the ultraviolet–visible (UV–vis) absorbance of the samples [enzyme-linked immunosorbent assay (ELISA) plate reader]. The Caco-2 monolayer assay is widely used in the pharmaceutical industry as an in vitro model of the human small-intestinal mucosa, to predict the absorption of orally administered drugs and toxins. Recently, the Caco-2 cell assay was used to demonstrate the toxicity of various benzopyrene isomers. It was found that, when applied in DMSO, only high concentrations of BaP (50 μM) damaged the Caco-2 cells, probably as a result of the low solubility and, therefore, low bioavailability of the BaP.

**MATERIALS AND METHODS**

**Materials and Mucin Purification.** Prior to incubation of PAH ligands (including anthracene, BaP, and coronene) with BSM type I (Sigma-Aldrich), the glycoprotein was dialyzed overnight against deionized water, with the use of a Spectra/Por Float-A-Lyzer membrane (with a molecular weight cutoff of 100 kDa). Other fine chemicals and solvents of analytical grade were purchased from Sigma-Aldrich.

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**Figure 1.** UV–vis spectra of BSM, BaP, and the BaP–BSM complex: (A) BSM in sodium phosphate buffer and (B) BaP in CHCl<sub>3</sub> (blue) and the BaP–BSM complex in sodium phosphate buffer (black).

**Figure 2.** Two- and three-dimensional fluorescence spectra of BSM, ligands, and complexes: (A) three-dimensional spectrum of BSM in sodium phosphate buffer, (B) two-dimensional spectrum of BSM in sodium phosphate buffer, (C) three-dimensional spectrum of BaP in CHCl<sub>3</sub>, (D) three-dimensional spectrum of the BaP–BSM complex in sodium phosphate buffer, and (E) two-dimensional spectra of BaP in CHCl<sub>3</sub> (black) and the BaP–BSM complex in sodium phosphate buffer (blue).
Preparation of Deglycosylated BSM Protein. A solution of 100 mg of BSM protein in 10 mL of 0.1 M NaOH was stirred at room temperature for 30 min, and the resulting solution was cooled to 4 °C. To this solution, NaIO₄ was added to a concentration of 100 mM in water, and the reaction mixture was stirred overnight at 4 °C. Then, 200 mg of glycine was added, and the reaction mixture was allowed to warm to room temperature and stirred for 30 min. After this, 1 mL of 1.0 M NaOH solution was added, and the reaction mixture was stirred for an additional 30 min. The resulting solution was dialyzed overnight against deionized water, then centrifuged, and lyophilized. The degree of BSM deglycosylation was determined by a standard periodic acid/Schiff (PAS) assay (Sigma–Aldrich).

Preparation of Complexes of BSM and Deglycosylated BSM Proteins with PAH Ligands. To a solution of BSM or deglycosylated BSM protein (4 mg/mL, 1.5 mL) in sodium phosphate buffer (2 mM, pH 7.2), a solid PAH ligand (1 mg) was added at room temperature, and the mixture was stirred at 700 rpm for 48 h. After this, the reaction mixture was filtered through a 0.45 μm filter, and the solution was loaded on a Sephadex G-25 gel-permeation column (Pharmacia Biotech). PAH–protein complexes were eluted with a sodium phosphate buffer (20 mM, pH 7.2), and their elution was monitored by UV–vis spectroscopy.

Composition of the Mucin Complexes. The amount of BSM or deglycosylated BSM protein in the complexes was determined by a standard PAS assay (Sigma–Aldrich). The amount of PAH ligand and each complex was determined by UV–vis spectroscopy, after protein hydrolysis and quantitative extraction of the ligand by chloroform. To a sample of mucin complex in a sodium phosphate buffer (1 mL, 20 mM, pH 7.2), chloroform (1 mL) and hydrochloric acid (1 mL, 12 M) were added at room temperature. The reaction mixture was sealed in a glass pressure vessel and heated at 80 °C with vigorous stirring for 3 h. After cooling to room temperature, the organic phase containing the extracted ligand was analyzed by UV–vis spectroscopy. The efficiency of the extraction process was verified by analyzing the remaining aqueous phase by UV–vis spectroscopy, to rule out the presence of unextracted ligands.

P. caudatum Assay. The strains of the P. caudatum used in this work were obtained from the collection of the Institute of Evolution of Animals of the Polish Academy of Sciences (Gzubatynski, Krakow, Poland). The P. caudatum culture was grown in sterilized glassware, containing Lozin–Lozinksi medium (pH 7.0–7.7; 0.01% NaCl, 0.001% KCl, 0.001% CaCl₂, 0.001% MgCl₂, and 0.002% NaHCO₃), and the organism was fed with bread yeast. Every 10 days, the culture was transferred to a fresh medium and kept at 25 ± 1 °C under constant white-light illumination. Sterile medium was dispersed into glass beakers, and equal amounts of P. caudatum culture and yeast were added to each beaker.

The protozoa cultures were exposed to BSM or DMSO (final concentration of 1%) in phosphate buffer solution as control experiments. Toxicity experiments were performed with the use of BaP in DMSO, which was added to phosphate buffer solution (final DMSO content of <1%) or BaP–BSM complex in phosphate buffer solution. The tested cultures were incubated for a period of 72 h. Each experiment consisted of three replicates at four different concentrations (Figure 4). The growth of the P. caudatum population and its viability, after exposure to the different examined compounds for 3 days, were determined with the use of a hemocytometer (Hauser Nageotte Bright-Line Counting Chamber) and a microscope. Student’s t test was applied to assess the significance of the differences between results obtained for each of the experiments.

XTT Assay on the Caco-2 Cell Line. Cell viability was tested on Caco-2, a human colorectal adenocarcinoma cell. These cells were cultured in DMEM-F12, supplemented with 10% fetal calf serum.
μ groups was determined using the XTT cell-proliferation assay. Stu-
 dor DMSO (1%) in the sodium phosphate buffer for periods of 8 or 72 h. 
concentration of BaP as its concentration in the highest applied dose), 
DilC18(5)-DS solution (Invitrogen, Carlsbad, CA), diluted 1:5000 with 
(Biological Industries, Beit Haemek, Israel).
This experiment was repeated twice, and the discussed results are 
Serial optical sections of the cells were recorded for each treatment, and 
Using the Andor spinning disk confocal microscope and the Meta 510 
Bridge International, Mukilteo, WA), and 
DilC18(5)-DS solution (Invitrogen, Carlsbad, CA), diluted 1:5000 with 
(Biological Industries, Beit Haemek, Israel).
Cells were exposed to the BaP–BSM complex or BaP solution in 1% 
DMSO as a co-solvent (in all cases, the final BaP concentration was 2.5 μg/ 
/mL, in a volume of 0.5 mL well) for a period of 1 h at 37 °C in a humidified 
air atmosphere with 5% CO2. Subsequently, the cells were washed twice using 
cold PBS, fixed with 4% paraformaldehyde (PFA), and washed again with 
cold PBS.
The cells were mounted by fluorescent mounting medium (Golden 
Bridge International, Mukilteo, WA), and fluorescence was measured using 
the Andor spinning disk confocal microscope and the META LSM confocal 
microscope. Laser beams at 390 and 650 nm were used for UV and the CellTracker 
fluorophore excitation, respectively. Serial optical sections of the cells were recorded for each treatment, and 
the images were processed using Zeiss LSM Image Browser software. 
This experiment was repeated twice, and the discussed results are 
representative.

■ RESULTS AND DISCUSSION
Preparation and Analysis of Complexes. A series of BSM 
complexes with anthracene (Ant), BaP, or coronene (Cor) 
ligands was prepared. The BSM protein was incubated in 
phosphate buffer solution (at physiological pH) with the selected 
ligands, introduced as solids into the reaction mixtures. After 
incubation, the mucin–ligand complexes were separated by 
filtering through a 0.45 μm filter, followed by open-column 
gel-permeation chromatography (Sephadex G-25, GE Health-
care). Each of these novel complexes was analyzed by UV–vis 
and fluorescence spectroscopy, dynamic light scattering (DLS), 
and size-exclusion high-performance liquid chromatography 
(SEC). Representative results obtained for the BaP–BSM com-
plex are shown in Figures 1−3. The data for BSM complexes of 
the other ligands (Ant–BSM and Cor–BSM) are presented in the 
Supporting Information.
UV–vis and fluorescence spectra measured for all separated 
PAH–BSM complexes revealed unknown capabilities of this 
salivary glycoprotein to bring into aqueous solution highly 
hydrophobic compounds. As shown in Figure 1 and Figure 1S 
in the Supporting Information (for the case of BaP and other 
ligands, respectively), the UV–vis spectra of the obtained 
complexes showed the superposition of the characteristic BSM 
peak (at 280 nm), with the absorbance peaks clearly belonging to 
ligand chromophores. We found that the BSM-complexed Ant, 
BaP, and Cor chromophores exhibited line-broadening and 
bathochromic shifts (Figure 1E for BaP, panels B and C of 
Figure 1S in the Supporting Information for Ant and Cor, 
respectively, and Table 1S in the Supporting Information) when 
compared to spectra of the noncomplexed ligands in chloroform. 
The loss of the fine structure in the spectra of the BSM-complexed 
BaP and Cor chromophores might indicate that these 
larger ligands are bound to BSM in the form of π−π stacked 
dimers or even larger aggregates (Figure 1B and panel C of 
Figure 1S in the Supporting Information, respectively). An 
additional contribution to this effect could be ascribed to 
solvophobic interactions, which reduce the vibronic bands of 
the corresponding spectra. It was previously reported that, upon 
formation of π−π stacked assemblies, the photochemical prop-
erties of an individual molecular component (in this assembly) 
could be changed.24,25 Because aromatic π−π stacking is 
primarily governed by electrostatic, dispersion, and solvophobic interactions,26−30 aromatic chromophores possessing large 
π-conjugated systems in a polar environment, as in our case, 
can form π−π stacked assemblies. An 
Computation modes of the evaluated ligands were further 
investigated by three-dimensional excitation−emission fluorescence 
spectroscopy. We found that BSM-complexed Ant, BaP, and Cor exhibited significant decreases in their fluorescence 
intensities. We observed bathochromic shifts in the maximum 
emission wavelengths (as compared to fluorescence spectra of 
noncomplexed ligands in chloroform solution) from 15 nm for 
Ant (panels C–E of Figure 2S in the Supporting Information) and 
BaP (panels C–E of Figure 2) to 55 nm for the case in which 
Cor was used as a ligand (panels F–H of Figure 2S and Table 2S 
in the Supporting Information). Despite this shift, the fluores-
cence spectrum of BSM-complexed Ant preserved most of the 
well-resolved features of the free ligand. In contrast, significant 
changes were observed in the shapes of the fluorescence spectra of 
the bound BaP and Cor, relative to the spectra of chloroform 
solutions of the free ligands. We believe that, in the case of the 
Cor ligand, the large red shift in the maximum emission of the 
complexed Cor could not be attributed to solvatochromism alone. However, the fluorescence data strongly indicate that discotic 
Cor ligands are bound to BSM glycoprotein in the form of π−π stacked clusters,23,31 supporting our interpretation of the UV–vis 
spectroscopy results for this ligand.
Further characterization and evaluation of overall sizes of the 
BSM complexes were performed by DLS and SEC. We found that, in phosphate buffer solution (20 mM, pH 7.2), the native 
BSM glycoprotein (2 mg/mL) was present in two populations. 
The SEC chromatogram of the BSM (monitored at 280 nm, 
Figure 3A) was characterized by two partially overlapping peaks at 
18.5 (smaller entitites) and 15.8 (larger entities) DLS measurements (Figure 3B) indicated that one population 
contained species with a median hydrodynamic radius (Rn) of 4 nm, a 
size that corresponds to the monomeric unit of the BSM 
protein, with a reported molecular weight of 170 kDa.32 The 
second population comprised larger species, with a broader range of 
sizes (Rn of 70 nm), indicating the presence of BSM in the 
form of oligomers.33 SEC analysis of BaP–BSM complexation products showed the formation of large-size products (Figure 3E). The chromato-
gram monitored at 280 nm showed that, although a considerable population of species had the same elution time as the BSM protein (peak at 15.6 min), a significant portion of the material eluted at retention times of 13.5 and 8.4 min. The SEC chromatogram monitored at 390 nm (a wavelength at which only the BaP chromophore is observed) revealed that, although the BaP ligand was present in all species, the host/ligand ratio in larger entities was substantially higher than in species that eluted at 15.6 min. The DLS analysis of BaP–BSM complexation products indicated the presence of two major and one minor population of species (Figure 3D). The lower molecular-weight species, with \( R_g \) of 4 nm, were attributed to monomers of BSM, and the larger species, with \( R_g \) values of 21 and 179 nm, correspond to BaP–BSM complexation products.

To evaluate our separation/purification protocols, a series of quantification experiments was performed in which the PAH–BSM complexes were quantified before and after separation by gel-permeation chromatography, by the Bio-Rad assay. These quantification experiments showed that about 70% of all injected protein was recovered after the chromatography, clearly indicating that the majority of our protein–ligand complexes are materials suitable for liquid chromatography.

To ascertain the capacity of BSM glycoprotein for various ligands, we determined the amounts of Ant, BaP, and Cor ligands in the corresponding BSM complexes. The amount of BSM protein in each BSM complex was analyzed by a PAS assay.34 To determine the amount of ligand in each complex, we used a hydrolysis-extraction procedure that included heating of the complex in a heterogeneous mixture of hydrochloric acid and chloroform at 80 °C in a sealed vessel and then determining the amount of chloroform-extracted ligand by UV–vis spectroscopy.35,36

We found that the ligand/BSM weight ratio [ligand-uptake percentage (LUP), the weight ratios between the ligand and protein amounts] increased with an increasing molecular weight of the ligand (Table 1). The LUP values were calculated by dividing the amount of extracted ligand by the amount of BSM protein present in the complex. In addition, we calculated the average number of bound ligand (NBL) molecules per BSM monomer by multiplication of the LUP value by the BSM monomer/ligand molecular-weight ratio (eq 1s in the Supporting Information and Table 1). We found that, for all analyzed complexes, the NBL molecules was very similar (with an average of 40 ligands per monomeric unit of BSM). Although surprising, these findings clearly indicate that BSM does not have a strong preference for any of these hydrophobic ligands.

Determining the structural features of mucin responsible for the binding of hydrophobic ligands is a challenging task, because these proteins have amorphous structures. From the heavy glycosylation of the mucin protein backbone, it is reasonable to assume that the oligosaccharide residues are mainly responsible

### Table 1. Uptake Abilities of BSM and dBSM, toward the Different PAHs

<table>
<thead>
<tr>
<th></th>
<th>Ant</th>
<th>BaP</th>
<th>Cor</th>
</tr>
</thead>
<tbody>
<tr>
<td>uptake by BSM (%)</td>
<td>4.54 ± 0.91</td>
<td>5.35 ± 1.15</td>
<td>7.74 ± 1.55</td>
</tr>
<tr>
<td>uptake per BSM</td>
<td>43 ± 9</td>
<td>36 ± 8</td>
<td>44 ± 9</td>
</tr>
<tr>
<td>monomer (number of ligands)</td>
<td>2</td>
<td>1</td>
<td>2</td>
</tr>
<tr>
<td>uptake by dBSM monomer</td>
<td>0.28 ± 0.06</td>
<td>0.23 ± 0.05</td>
<td>0.61 ± 0.12</td>
</tr>
</tbody>
</table>

Figure 5. (A) XTT assays results performed on the Caco-2 cell line after 8 h. Data are expressed as the mean ± SD of three independent experiments, with four repeats per data point in each experiment. \( p < 0.02 \) (Student’s \( t \) test; refers to the comparison between the 25 μg/mL measurements or the BAP measurements and the “untreated” bar. \( p < 0.06 \) (Student’s \( t \) test; refers to the comparison between the 1 or 5 μg/mL measurements or the BAP measurements and the “untreated” bar). (B) XTT assays results performed on the Caco-2 cell line after 72 h. Data are expressed as the mean ± SD of three independent experiments, with four repeats per data point in each experiment. \( p < 0.02 \) (Student’s \( t \) test; refers to the comparison between the 1, 5, or 25 μg/mL measurements and the “untreated” bar).

Toxicity Assays. In the \( P. caudatum \) assay, the average cell densities in each examined culture, exposed to the BaP–BSM complex (with a BaP concentration range between 0.01 and 0.25 μg/mL), were measured and compared to the control solutions described above. The results of this assay clearly demonstrated that, while the LD\(_{50}\) value for BaP in phosphate buffer is 0.25 μg/mL, this value is significantly lower for the BaP–BSM complex, for which the LD\(_{50}\) value was found to be 0.05 μg/mL (Figure 4). These results clearly express the fact that, upon complexation of the BaP within the matrix of the mucin, higher bioavailability is achieved.

These results were further supported by in vitro experiments conducted on a Caco-2 cell line, over two time periods (8 and 72 h exposure), exemplifying acute and chronic exposures. From
the results of the 8 h experiment, it was clear that, while the BaP in the phosphate buffer had no toxic effect on the cells, the same concentration of BaP, complexed with mucin, showed a damaging effect on the cells, as their viability dropped to approximately 70% (Figure 5A). Examination of the chronic exposure experiments reveals that, after a period of 72 h, both BaP and the BaP—BSM complex exhibited similar effects of toxicity to the cells, both reducing the viability of the cells to approximately 70% (Figure 5B). From these experiments, we could conclude that, while BaP in its “free” form (dissolved aqueous solution with 1% DMSO) has only chronic effects, the BaP—BSM complex is damaging the cells in an acute manner. Moreover, the fact that, in both experiments, the viability of the cells is similar is giving strength to the conclusion that, upon complexation with BSM, the bioavailability of the BaP is enhanced. In these experiments, control measurements were performed with either mucin solution or 1% DMSO (both in sodium phosphate buffer), and these showed no toxicity to the cells, proving that the source of toxicity is indeed BaP.

To support our hypothesis of the enhanced bioavailability, which is improved by the complexation of the BaP to the mucin, we have performed an internalization assay, in which Caco-2 cells were exposed to BaP in two forms: complexed within BSM (panels 3A—3C in Figure 6) and in its “free” form (panels 2A—2C in Figure 6).

All of the samples, including the control cells, which were not exposed to BaP, and cells which were exposed to the various BaP solutions, were membrane-stained with DilC18 CellTracker dye (panels 1A—3A of Figure 6).

When the intracellular staining is examined (by the BaP fluophore, $\lambda_{max}$ at 390 nm), it is clearly shown that the reference cells exhibited no intracellular staining (panel 1B of Figure 6). In contrast, cells that were exposed to the BaP—BSM complex exhibited distinct intracellular staining of BaP (panel 3B of Figure 6). An intense labeling was observed near the nuclei and sparse labeling throughout the cytoplasm. This intracellular staining was dramatically higher than in the case of the cells that were exposed to the DMSO-solubilized BaP (panel 2B of Figure 6). Giving thought to the fact that, in both cases, experimental conditions were identical, it is clear that the BaP bioavailability and membrane penetration are significantly enhanced when BSM is used as a carrier agent.

**CONCLUSIONS**

In summary, we have shown that a representative mucin glycoprotein, BSM, has impressive capabilities for binding and solubilizing highly hydrophobic materials in physiological solution. Binding experiments with deglycosylated BSM clearly demonstrated the importance of this oligoprotein structure in the complexation/dissolution process of hydrophobic materials. The ability of mucins to solubilize water-insoluble materials suggests that these proteins may function as an active interface of living organisms toward polyaromatic hydrocarbons. In vivo and in vitro toxicity assays demonstrated for the first time that the mucin-complexation process has profound potential to bring those materials into the cells as well as into living organisms. An internalization assay gave rise to the fact that the enhanced bioavailability is a direct product of using mucin as a carrier agent. When using a mucin, the membrane-penetrating capabilities of the insoluble agent were enhanced, resulting in a better accumulation of the PAH throughout the cytoplasm. We believe that our study contributes to a better understanding of how highly hydrophobic materials can be introduced into living organisms, and on the other hand, further expansion of our work may lead to the development of new drug-delivery or protective systems.

**ASSOCIATED CONTENT**

Supporting Information. Supplementary analytical methods, analyses of the Ant—BSM and Cor—BSM complexes, and evaluation of the role of glycoside moieties of BSM in the complexation process. This material is available free of charge via the Internet at http://pubs.acs.org.

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